

WHAT'S HAPPENING!

A monthly newsletter brought to you by Streetscapes

VOL 1, ISSUE 2

31ST JULY 2022



Mandela Day Activities



News From The Sports field



Clients Cathy And Llewellyn Jenniker



Jennifer Jezile Finance & Administration

Jesse Laitinen, Khulisa Strategic Partnerships Manager for Streetscapes:

“None of us are so smart as all of us”



Since beginning of the year, Streetscapes has managed a collaborative project 'PEP' funded by Treasury/City of Cape Town with 12 NGO partners. By July we had 667 homeless individuals earning an income, and 95% now off the streets. Together things are possible.

Streetscapes also welcomes the birth of a new platform between government and service providers in the sector, skilfully facilitated by Andrew Boraine from Economic Development Partnership. The first of its kind, the platform steers away from 'talk shops' and is geared for action. A joint action plan based on a common shared agenda is being developed with the 'right people in the room'. This platform is about harmony and healing, building trust and nurturing two way, mutual accountability – ultimately to the benefit of the men and women on the streets.

Yours in Partnership
Jesse

Whilst we hope you will enjoy our monthly newsletter to you, we also welcome your feedback on:

Facebook : facebook.com/streetscapescp/

Instagram: [streetscapes_urban_farms](https://instagram.com/streetscapes_urban_farms)

YouTube : [Streetscapes videos](https://youtube.com/streetscapes_videos)

Email : streetscapes@khulisa.org.za

Mandela Day Activities:



Mandela day is celebrated by volunteering in community work or helping those in need. Streetscapes clients and staff saw this day as a good fit to go out and give back to the community by spending our 67 minutes helping out at an old age home. Eden Park old age village is an old age home which is just a short walking distance from the farm. They have an independent, affordable housing scheme and they have experienced and knowledgeable staff to ensure that the elders enjoy themselves with the dignity and respect they deserve.

We went out with our tools and worked in the garden and swept the car park. The clients enjoyed the outdoors and the walk to the village was great exercise for everyone. After a long fun day we ended with a braai where we sat down and chatted over the fire while Aljay braaied boerewors for us. The clients also enjoyed rolls, cooldrinks and salads.



In an effort to bring about change and positivity, Streetscapes clients also diverted from the usual norm and instead on standing at robots asking for money, they made posters with positive quotes for commuters to see as an attempt to brighten their day.

On, Saturday 16 July Streetscapes partnered with the community of Vredehoek and held a donations drive at our Vredehoek Garden in honour of Mandela Day, inviting community members to bring items they wished to donate and enjoy a cup of coffee while browsing the garden and evening, purchasing some vegetables, honey and eggs. The donations received will be divided amongst Streetscapes Housing and beneficiaries.

WHAT'S HAPPENING!

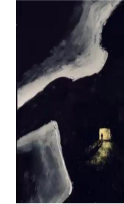
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News From
The
Sports field



Margie
Pankhurst
Mind and body
Guru

News from the sports field:

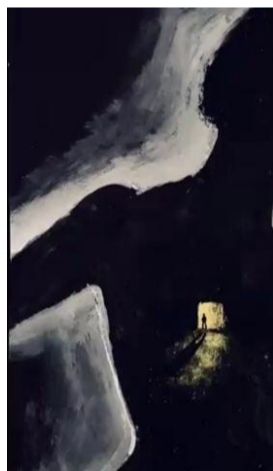


Monday 20th June the soccer team won 8-5 in Monday Five's football league, the team now is trying to be consistent and is looking good. Friday 24th June Streetscapes team visited Oasis Team in Straaifontein to compete in soccer, netball and dominos. Sport for Life provided transport for us for two trips. All our teams did well, especially the soccer team that defeated Oasis team by 13-1 score. The clients really enjoyed the trip; it was good for them to go out of Town.

We had about 32 clients with assistants and supervisors who attended. We are hoping to get more trips like this so that clients can have more fun in sport and recreation. On Monday 18th July, students from an American University came to watch our Five's football league game. They really enjoyed themselves and as a Streetscapes soccer team, we appreciated their support. The match ended in a two-all draw.



Every Friday from 10:00-11:30 some of our clients attend yoga sessions, with normally about 15-20 clients attending. Then from 12:30-15:00 PM those who don't attend yoga sessions participate in other recreation, and the clients choose for themselves what they want to do. Normally we have netball and soccer practice, and also play fun games. Our attendance on Friday's recreation was around 35+ people.



An interview with Margie Pankhurst, our holistic mind and body guru:

1. Hi Margie, please tell us about yourself and your background.

My name is Margie Pankhurst, an HPCSA registered drama therapist. Drama therapy is the intentional use of creativity to access the (often) unconscious, (sometimes) non-verbal inner processes that complicates mental wellbeing. It facilitates expression, release, containment and insight into self.

I graduated from the University of Witwatersrand with a MA in drama therapy, and I hold an Honours Degree in Psychology (UNISA). I was a Lifeline Western Cape Lay-Counsellor for nearly 20 years.

I use a Rogerian Person-Centered approach striving to work with the healthy resilience of the individuals, creating a sense of safety in the present so that personal challenges can be explored in a contained, creative and new way.

2. How long you have been volunteering at Streetscapes?

I started working at Streetscapes in August 2021: I implemented the SHINE Women's Empowerment Programme, individual drama therapy sessions, and an open group which focused on finding rest and safety through mindful curated movement sessions.

During 2022 we have two women's groups: a closed group where we have distinct therapy aims, and then an open group which is similar to the 2021 group. I also offered trauma containment in relation to the Adverse Childhood Experiences survey at the beginning of the year.

3. Why you enjoy doing what you are doing for us?

Streetscapes has become my 'happy' place: amidst the challenges of life, finding the mental space to creatively engage with others is a privilege. Since 2021, I have been fortunate to witness women grow and become stronger within themselves. These women have become teachers who ensure that my feet stay on the ground, reminding me of the strength and beauty of the human spirit. I am truly deeply grateful to each and every one of them.

4. More or less give context on what you do and cover in the Woman's Groups

The closed women's group functions like a therapy support group: a safe hour where women can openly express their daily and past challenges. A big focus during 2022 has been personal identity, and developing a network of support which surpasses the one hour a week that I am with them.

The open women's group aims at offering a safe-enough space for the participants to find moments of rest in their busy and stressful lives; where they can just be without any expectations for the outside.

My approach (in my practice generally and at Streetscapes specifically) strives to be trauma informed, including understanding how longstanding and unresolved trauma affect people emotionally, mentally and physically. The work at Streetscapes aims to provide an environment that promotes recovery.

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The Urban Farm Initiative Update:

We started off in March with 58 chickens in the old chicken coop on the farm which was not in an ideal location. It was too hot in the summer, and the area was not big enough for the current number of hens. We also wanted to increase the number of hens, so the old location was not going to do the job. We started building a new coop with Faried and Cevriano doing the roof, whilst Aljay and Grandville started with the gate and fence.



After they had finished all the hard work, Cevriano and his colleagues did the paving for the nesting and roost area. Meanwhile Aljay and Grandville constructed the nest boxes and roost. When the paving was finished, the guys installed the nest boxes and roost. They also constructed a perimeter fence so the hens can roam free during the day. The guys on the farm did a fantastic job of constructing the new chicken coop.



The hens were producing around 300 eggs per week. The extra 45 hens should make that number go to around 550 eggs per week. Chicken manure can now also be collected under the roost which is very valuable for our farm and also the gardens in town. We might even be able to sell some of it down the line.

Jerome is a real character – He is the one looking after the hens like they are his own. Everything regarding the chickens, Jerome wants to do, and rarely wants help. He collects and cleans the eggs, and cleans the coop daily, collects manure, water and feed, and he keeps a book of everything. He will let you know well in advance when he needs to be away for the day, in order to make sure someone will keep an eye on his babies. He really has done an exceptional job. As long as Jerome is running the chicken show, there will be little to no headaches around the Lay Hen project.



Clients Cathy and Llewellyn Jenniker

Catherine Larry was born in Cape Town and lived in Bonteheuvel from the age of 3 years. She attended Arcadia Primary and senior schools but hit the streets at the age of 18. She subsequently spent 20 years on the streets. In her late 30's, she went back to her sister, but after 1½ years she left and went back to the streets.



Cathy was admitted to Streetscapes in 2019 and has been with Streetscapes ever since. During her stay here, she spent 2½ months in rehab, and has never relapsed since! She spent her 1st few months at our Kuilsriver farm, then moved to Chester House in Walmer Estate, as travelling to the shops, the doctor and the district 6 clinic proved to be too expensive for her.

Cathy met Llewellyn at Chester House. They initially did not talk to each other, despite working in the same garden (Vredehoek) and living under the same roof. She was in a relationship at the time, but her partner proved to be abusive. Llewellyn stepped in (as he had been keeping an eye on her and her relationship and saved her from further abuse. That relationship ended in November 2021 and Llewellyn and Cathy became an item!

Llewellyn was also born in Cape Town and was brought up in Retreat. He went to Saint Mary's school until grade 5, Saint Paul's school until grade 7 and Vista school for grade 8. After that, he also hit the streets and frequented Loop Street. He was enticed into street life by the local street people from the age of 14 years.



He met his 1st wife at the tender age of 16 and became a full-time street person. She unfortunately died in 2021 of a heart attack. Llewellyn joined Streetscapes in 2018. He remained on the street but received a stipend via the CCID. He moved in to Chester House where Cathy was already staying in 2020, and managed to stop all substance abuse by himself, with no assistance from any rehab program provided by Streetscapes!

Both Cathy and Llewellyn continue to work at the Vredehoek gardens. Their relationship blossomed, and they were officially married at Home Affairs on 4th July to celebrate America's Independence Day! We had the celebration at Chester House, and it was a truly wonderful occasion!

They now both stay in the best couples room at Chester House after waiting for a long time for a room to open up. They intend to stay at Chester House as they build their lives together as a married couple.

We wish them hearty congratulations on their wedding and the very best for the future!

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Jennifer Jezile
Finance
&
Administration
Administrator



Streetscapes
Safe Guarding
Policy

An interview with Jennifer Jezile, Finance & Office Administrator for Streetscapes:



Jennifer (Jenny) Jezile is our Financial and Office Administrator at Streetscapes headquarters. She has now worked for Streetscapes for three years, influencing policy and keeping the books in order for Khulisa and our auditors.

Jenny went to Isilimela High School in Gugulethu and then studied at the Cape Technikon (as it was then called) for a three-year Diploma in Business Management and Finance. She did her practical's at ABSA, a company she would later join.

Her first job was at Woolworths as a till operator, stock replenisher and stock taker. She then moved on to CNA as a till operator and stock taker. From there, she joined Anthony Richard & Associates as a debt collector.

She then spent the next seven years of her career at ABSA, moving through various specialties, including Human Resources, Production, Management, Training, Recruitment, Home Loans and Vehicle Financing. She left ABSA when her department was moved to Pretoria, as she preferred to stay in Cape Town with her family.

She then worked for the City of Cape Town as an area manager for the city's cleaning teams. From there, she joined SANCA, an organization that looks after clients who suffer from substance abuse, as an Office Administrator. She realised that she had a gift for relating and empathizing with people during this time and was at the coal face of destitute humanity.

Realising her calling, she subsequently was interviewed by Jesse and Andrew (the operations manager at that time) and took up her current position at Streetscapes. Jenny is always available as a sounding board, a voice of wisdom, and a shoulder to cry to cry on. She is beloved by our clients, who beat a path to her door for her insight into finances and life.

Streetscapes Safe Guarding Policy:



Firstly we have had recent changes and Yandisa Myeko is now the official Safe Guarding Officer for Streetscapes and she will be assisted and supported by Andrew Tulloch, so we will have two Official Officers in our Project. We will be conducting training on both Khulisa's and Streetscapes Safeguarding Policies for the month of June 2022. We will be holding training on 20 & 28 June 2022 for ALL Streetscapes staff from 11am till 1pm.

The purpose of the training will be to ensure that all staff are familiar with the policy and the importance thereof. Due to the vulnerability of our clients it is important that we are familiar with policy and give staff the necessary guidelines and reporting lines when a potential safe guarding incident is reported to them.

There will be an Online assessment once you have attended the training to help and ensure that staff are well prepared in the event that they are made aware of an incident. This will be the first of many staff policies that we will be covering and training on during the next few months. We look forward to your attendance and participation." Andrew Tulloch Operations Manager, and Yandisa Myeko Social Worker, Streetscapes.

A word from the editor:

We try to make this newsletter as entertaining and informative as we can. However, we need to hear from you, our readers, what you would like to read about in this monthly newsletter.

We either have done everything right, or you cannot find our email address below, as we haven't heard from anyone!

Please send us an email your ideas. **This newsletter is for you, and you decide what's in it!** We can't wait to hear from you!



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The amount of space we give to pictures of people and events is far too little, so we are going to use the back page for any event, person, or occasion that should be highlighted and we have enough media for to do it justice.

Mandela Day:



Cathy and Llewellyn Jenneker's wedding:

